

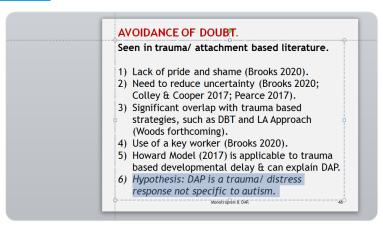
A comment I received about Fabricated or Induced Illness (FII) & autism has made me reflect on if PDA is a good defense against FII. The answer I get is well no... It has allowed me to revisit a hypothesis of mine. So a new thread becons.

I have tried to structure this beforehand, it probably will be rhizomatic & so might appear a bit chaotic.

Thread on the evidence to support my hypothesis of:

Hypothesis: PDA is a trauma/ distress response not specific to autism.

https://www.researchgate.net/publication/337001992 An Updated Interest Base d Account Monotropism theory A Developmental Model and Demand Avoida nce Phenomena



An interesting aspect of much of this evidence is that it also happens to be some evidence that PDA is seen in non-autistic persons.

I will start off with clinical opinions viewing PDA linked to attachment disorder or personality disorders.



Phil Christie is currently the Director of Children's Services within the Nottinghamshire Regional Society for Children and Adults with Autism (NoRSACA) and has been Principal of a specialist school for children with autism for over 25 years. This paper, The distinctive clinical and educational needs of children with Pathological Demand Avoidance syndrome: guidelines for good practice, was first presented at the World Autism Congress held in Cape Fown, South Africa in 2006. It describes a syndrome that was identified over a long period of time by Professor Elizabeth Newson, often during work done jointly with this author, Phil Christie. In the many diagnostic assessments conducted at the Child Development Research Unit based at the University of Nottingham, she found there were children referred with a possible diagnosis of autism who did not seem typical in that they shared some of the features but displayed other very different behaviours and characteristics. There were also more girls affected than boys. After several years of careful note-taking and interviews with parents, Professor Newson felt that there was sufficient evidence to create a new syndrome or diagnostic description within the category of Pervasive Developmental Disorders. She named this Pathological Demand Avoidance syndrome and first brought it to public attention in 1980s. Since that time, there has been much debate between professionals as to whether this is indeed a separate condition or whether the behaviours found in PDA can be explained within other disorders such as attachment disorder or personallty disorder, or a female form of autism. Readers of this paper can send their thoughts and personal experiences to the author or the Editors of GAP to add to the debate.

6:23 PM · Aug 3, 2020







See Richard Woods's other Tweets





Replying to @Richard\_Autism

Persons with PDA "In some cases the features described may have been precursors of a schizotypal disorder."

Neither was its validity & specificity established. adc.bmj.com/content/88/7/5...

Dear Editor

In the recent issue of the Archives, Newson etal[1] make the case for a distinctive "pathological demand avoidance syndrome". This arose out of the work by the authors in a clinic for children with problems in communication.

These children are described as having a tendency to avoid or resist ordinary demands, to have surface sociability but a lack of sense of identity, pride and shame, labile mood, impulsivity led by need to control, language delay, obsessional behaviour and some sort of - usually "soft" - neurological involvement. The syndrome is not a recognised psychiatric disorder in either ICD-10 or DSM-IV classification systems.

How well do the authors make the case for this new syndrome? Some of the features outlined (for example sense of identity, price and shame) would be specially difficult to identify reliably. Others are suggestible of a number of different child and adolescent specialistic disorders as described in ICD-10 and DSM-IV (WHO, 1991; APA, 1994)[2,3] From the authors' descriptions, the impression is that these children are likely to have had co-morbid developmental and psychiatric problems, varyingly including oppositional defant and/or hyperkinetic disorder or social anxiety disorder of childhood. In some cases the features described may have been precursors of a schizotypal disorder.[4] The paper does not however make a case for the validity or specificity of the syndrome in relation to these disorders.

The paper helpfully draws attention to the clinical variability amongst children with communication disorders. However, it would seem regrettable if new syndromes were to be used in clinical practice without consideration of whether an established psychiatric diagnosis would have been appropriate, as this will create confusion for parents and others involved. Better integration of paediatric and child psychiatric services working with children with developmental communication disorders should help reduce the likelihood of this happening.

6:26 PM · Aug 3, 2020







See Richard Woods's other Tweets





Replying to @Richard\_Autism

PDA might not be caused by autism, possibly like psychotic tendencies. Issues faced dividing autism are applicable to all proposed subypes, including PDA.

sciencedirect.com/science/articl...

e. Impairment of this ability is perhaps the ectrum condition of any kind. We believe e DSM-V (and ICD-10). The DSM instead n, as the last leg of the triad.

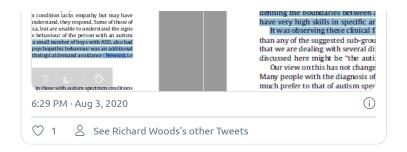
n, as the last leg of the triad.

Parately, they are closely related. We now the Triad of Impairments, is absence or seas. However, Happe and Ronald (2009) the different elephe and Ronald (2009). The Ronald (2009) the ridde and Ronald (2009) the Ronald

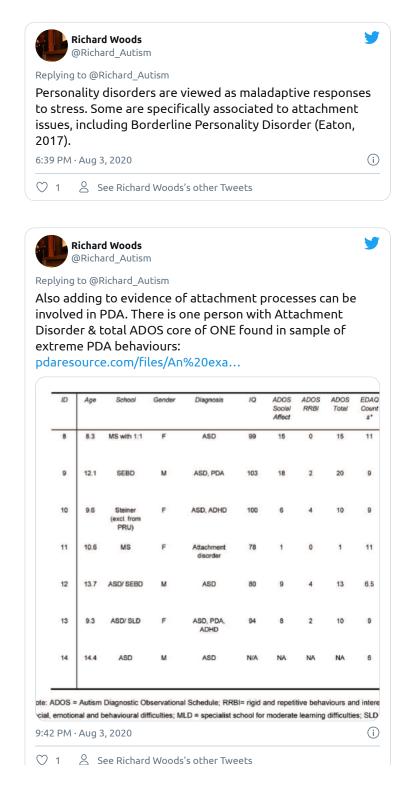


#### 6. Removal of subgroups

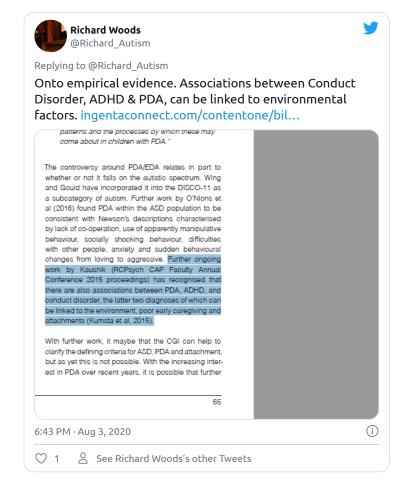
This is an important and contre We, in our many years of clinica boundaries of different sub-groups absence or impairment of the social classic Kanner syndrome and leami who fits the criteria for Asperger's conditions. Furthermore, changes of can grow into an adolescent who fithe the DSM-IV (and ICD-10). The sam



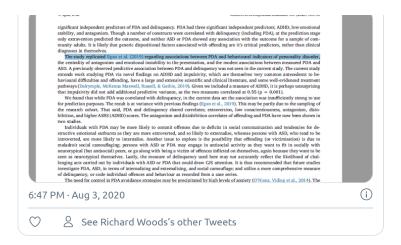
There is research to suggest the view that PDA is associated to trauma & might be a form of personality disorder/ attachment disorder etc.









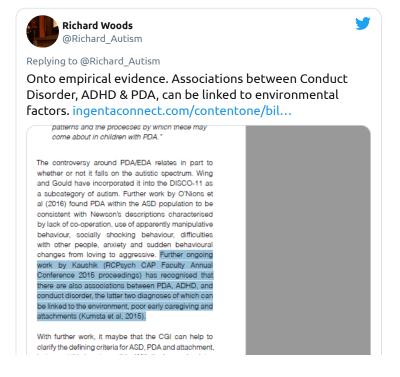


"High attention deficit, antagonism, and low emotional stability predict PDA." Autism did not predict PDA...

This is the Egan et al (2019) that previous research replicated some of its findings.

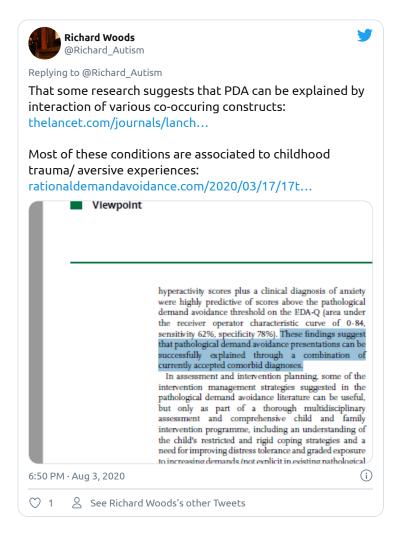


The points about conduct issues and ADHD support the research from here:



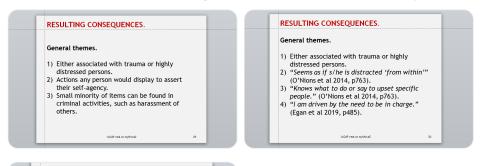


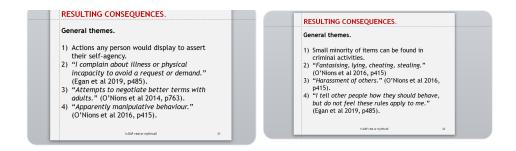
On ADHD & Conduct Disorder "latter two diagnoses of which can be linked to the environment, poor early caregiving and attachments (Kumsta et al, 2015)."



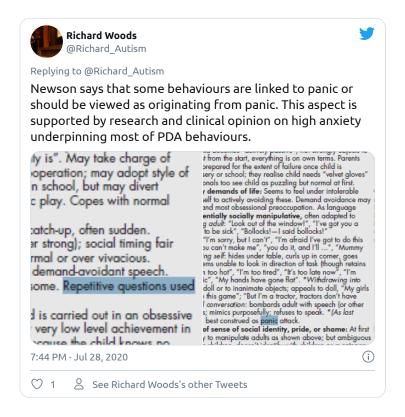
Many of the features assessed by PDA's validated screening and diagnostic tools are associated with trauma:

https://www.researchgate.net/publication/340279248 Is the concept of Deman d Avoidance Phenomena Pathological Demand Avoidance real or mythical





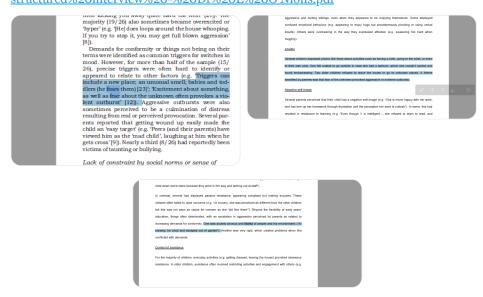
Results of my content analysis of validated PDA screening & diagnostic tools seems to be valid as it supports other literature, especially those mentioned above.



Other literature has fear based behaviours:



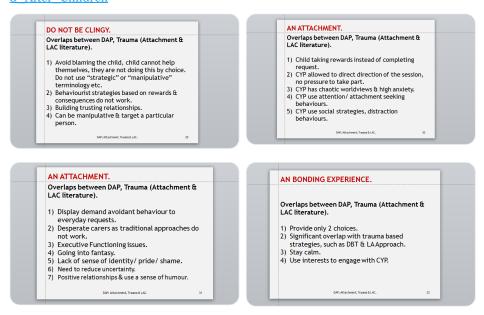
http://www.pdaresource.com/files/An%20examination%20of%20the%20behavioural%20features%20associated%20with%20PDA%20using%20a%20semistructured%20interview%20-%20Dr%20E%20O'Nions.pdf



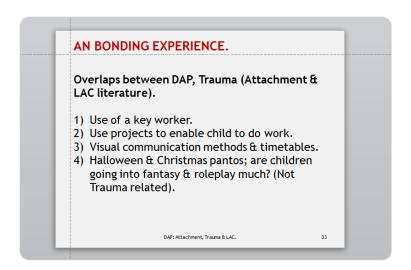
The point of the last 2 tweets is that fear or panic behaviours are found in PDA, these are probably caused by environmental factors or some kind aversive experience.

There is significant overlap in the trauma/ Looked After Children/ Attachment difficulties based literature, including clinical features and approaches.

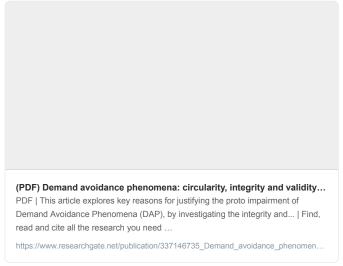
https://www.researchgate.net/publication/337403754\_Demand\_Avoidance\_Phenomena\_Pathological\_Demand\_Avoidance\_Core\_Issues\_Attachment\_Trauma\_Looked After\_Children



This is a continuation of the previous points.



The last 2 slides support critique in an article of mine, where I point out that PDA strategies are simply good practice for most/all people.



approach, placing many demands when an autistic ategies of ner DAPer's person is displaying distress behaviours, this escalates 017; Eaton, such behaviours and decreases the chance of positive nosology is on DAPers; al, 2018b). O'Hare (2019) writing on behalf of the British Psychological Society' Division of Educational and Child Psychology notes that simplistic and reactive aprough, due tatonia and proaches are stressful to teachers and do not adequate of catatonia e how DAP ly teach children why their behaviours should change. The latter point is essential when working with a demo graphic known for experiencing social problems, such penefit from as autistic persons and DAPers. Furthermore, O'Hare also states: However, a contradicts "Warm supportive relationships with adults, a irch that 60 sense of belonging, high expectations, teaching lewson and social-emotional skills and autonomy are the uroe books key 'ingredients' to positive behaviour change for the DAPers children and young people." (O'Hare, 2019). 2018; Fidler ategies, the strategies; This is reflective of the DAP strategies, for instance utilising at removing humour. Autistic people frequently have a vibrant sense of humour (Bertilsdotter-Rosqvist, 2012). Qualitative or instance tic persons' research indicates that autistic pupils become more autonomy 'functional' when working with their (special/intense) n conclude interests (Wood, 2019). Building trusting relations is an m gain from attachment disorder approach (Pearce, 2017). Leeds City has reduced childhood obesity, partly by using an approach where carers provide the child with a choice nes are suitof food options (Boseley, 2019). ds, 2019a). It is clear that placing any human in a position of control There also appears to be substantial overlap between Borderline Personality Disorder, Post Traumatic Stress Disorder (2 constructs associated with trauma) and PDA:

### CAN REINFORCEMENT BASED APPROACHES CAUSE BORDERINE P...

CAN REINFORCEMENT BASED APPROACHES CAUSE BORDELINE PERSONALITY DISORDER IN PERSONS WITH PATHOLOGICAL DEMAND AVOIDANCE? Introduction. This is the first of the few blog posts I will be produci...

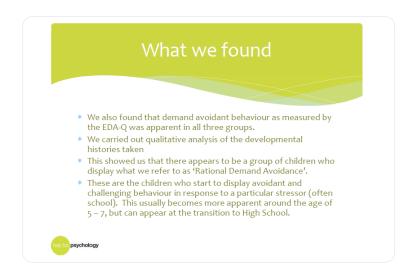
https://rationaldemandavoidance.com/2020/04/21/can-reinforcement-based-approache...

"The invalidating and ignoring of a child, as well as punishing to control behavior, and not taking seriously the child's needs are all common and even recommended responses to SIB in the autistic population, despite these responses being linked to the development of Borderline Personality Disorder." (Shkedy et al, 2019, p. 6).

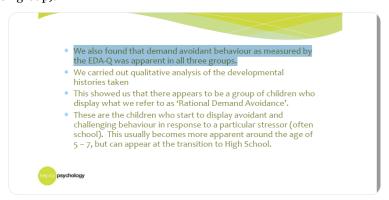
It has been suggested PDA might be a form of Personality Disorder (Christie, 2007), or maybe an expression of autistic trauma (Author/s, Date). Clinical symptoms possibly indicating the presence of traumatic stress reactions in response to an adverse event include; fear behaviours and tantrums; new behavioural difficulties increased restricted interests and repetitive behaviours; deterioration of social communication skillis, adaptive functioning; alterations in vegetative functions (Peterson et al, 2019). These symptoms substantially overlap the PDA profile. One can hypothesise that not using accommodation techniques increases the risk of persons with PDA developing Borderline Personality Disorder (BPD). It must be stressed that if this is the case, most trauma resulting from using reinforcement-based approaches is unlikely to be from the carers deliberately harming their child; as such approaches are widely encouraged. Longitudinal research is needed to explore if BPD is developed by not meeting the support needs of respectively of both CYP with autism and PDA.

Now I am going into interpreting Help4Psychology research results. They found a group they call "Rational Demand Avoidance" where CYP about 6 transition into PDA, often triggered by aversive school experiences.

https://network.autism.org.uk/sites/default/files/ckfinder/files/Differential%20diagnosis%20between%20PDA%20and%20attachment%20disorder%20-%20Dr%20Judy%20Eaton.pdf



The other result I am interpreting here is how the EDA-Q detects "PDA" in the "Rational Demand Avoidance" group & their "other" (attachment/ trauma related condition group).



Now bare in mind other research in this thread uses often uses either the EDA-Q (which a CYP screening tool) or the EDA-QA (the adult version of the EDA-Q), so the fact they are seeing PDA in the attachment/ trauma group is to be expected.

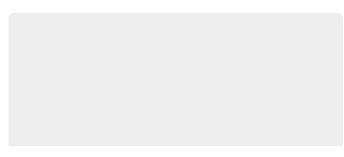
This is where I am interpreting the Help4Psychology results.

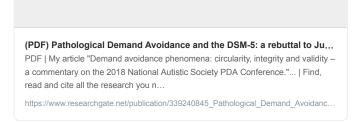
They will ardently disagree with me saying they are detecting "PDA" in these interpretations as they think PDA is from infancy & only diagnose PDA in autistic persons.

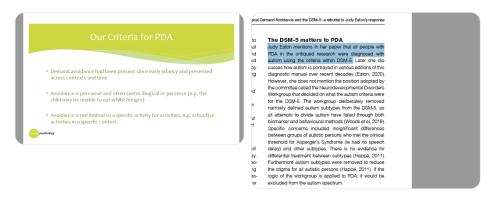
# Help4Psychology PDA definitions:

 $\label{lem:https://network.autism.org.uk/sites/default/files/ckfinder/files/Further%20exploring%20the%20PDA%20profile%20-%20evidence%20from%20clinical%20cases%20-%20Dr%20Judy%20Eaton.pdf$ 

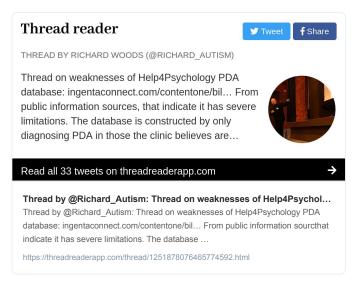
The clinic only diagnoses PDA in autistic persons:



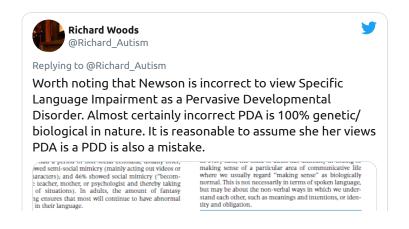




I do not want to repeat previous critique of Help4Psychology PDA research PDA limitations or their approach to it. I do that enough elsewhere such as here:



I think Help4Psychology PDA definitions & view PDA is from infancy is derived from Newson's PDA aetiology being entirely genetic or biology caused & thus PDA behaviours are caused by environmental factors or bad parenting.



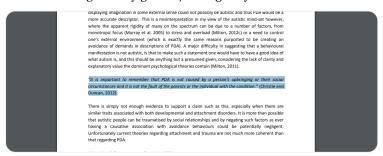




That PDA behaviours are not caused by environmental factors or bad parenting, mention in PDA literature:

https://kar.kent.ac.uk/62694/431/Natures%20answer%20to%20over%20conformity.pdf

Both this and PDA being entirely genetic/biologically caused has been challenged.



Now Judy Eaton is a member of the PDA Development Group, which is a group of researchers/ clinicians/ practitioners who view 1) PDA as an autism profile. 2) PDA is not caused by environmental factors/ bad parenting.

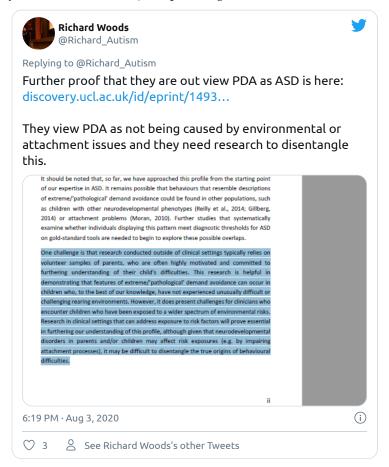
I discuss the PDA Development Group and what it does here:

 $\frac{https://rationaldemandavoidancecom.files.wordpress.com/2020/07/02-june-2020-concerns-over-the-pda-development-group-pdf.pdf$ 

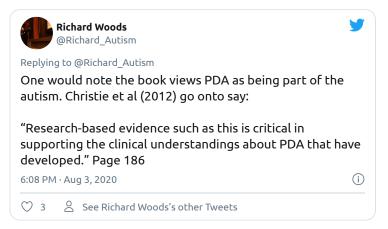
### & here:

https://rationaldemandavoidancecom.files.wordpress.com/2020/08/03-august-2020-pda-as-a-self-validation-exercise.pdf

We know there is a research that is designed to view PDA as an autism profile and not caused by environmental factors/ bad parenting.



So it is also plausible that the Help4Psychology PDA definitions are derived more by need to support this research agenda and their clinical interpretations, than any other factor.



If correct it is unethical and unscientific to take such an approach:

### (PDF) Demand avoidance phenomena: circularity, integrity and validity...

PDF | This article explores key reasons for justifying the proto impairment of Demand Avoidance Phenomena (DAP), by investigating the integrity and... | Find, read and cite all the research you need ...

https://www.researchgate.net/publication/337146735\_Demand\_avoidance\_phenomen..

et al, 2011; Fidler and Christie, 2018; Russell, 2018). This central tenet to the main DAP discourse, that it is required for the benefit of parents, is pivotal to the bias to maintaining the integrity of the DAP discourse. It means that the supporters of DAP's main discourse appear closed to the DAP construct evolving away from (E being an autism subtype (PDA Society, 2018). It must be noted that much DAP research is coordinated by the PDA Development Group that is headed by Phil Christie. Researchers are required to be open minded, to avoid research "designed to support a preconceived notion or belief" (Chown et al, 2019, p1). Ethically, researchers need to attempt falsification of their hypothesis as part of the scientific method that is involved in most research ١A (Milton, 2016; Rutter and Pickles, 2016), Therefore, it appears that the main DAP discourse is self validating t∈ Citation survey results

I also set out elsewhere that it is unreasonable to view PDA as an autism profile and that it is best explained by being a new type Disorder:

 $\frac{https://rationaldemandavoidancecom.files.wordpress.com/2020/07/18-july-2020-pda-is-a-pervasive-developmental-coding-disorder-thread.pdf$ 

I also point out that the Help4Psychology PDA definitions are arbitrary, especially around "Rational Demand Avoidance" group, as many autistic persons cannot rationalise their demand avoidance:

https://rationaldemandavoidancecom.files.wordpress.com/2020/08/01-august-2020-cannot-have-rational-demand-avoidance-if-a-person-cannot-rationalise-their-demand-avoidance.pdf

There are good grounds to take the view that my interpretation of the Help4Psychology PDA research results is reasonable and valid:

- Rational Demand Avoidance Group is simply PDA.
- That many persons in their attachment/ trauma group have PDA.

Final point before summarising, is that the PDA Society has to support the Help4Psychology PDA research over non PDA Development Group PDA research.



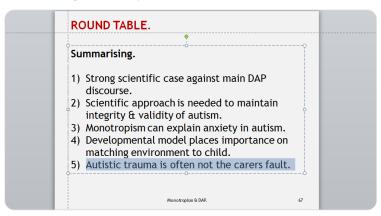


It does seem reasonable to view PDA as a distress or trauma response that is not specific to autistic individuals, i.e. assume my hypothesis is correct.

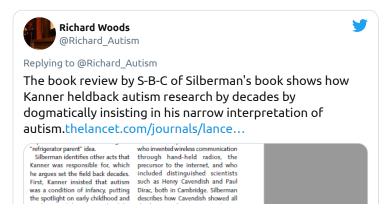
Important implications of this interpretation are:

- The aetiology (cause) of PDA is trauma or aversive experiences.
- PDA is seen in non-autistic persons.
- Often trauma associated to PDA is not caused by caregivers, PDA is NOT a good defence against Fabricated or Induced Illness.

https://www.researchgate.net/publication/332727790 An Updated Interest Base d Account Monotropism theory a Demand Avoidance Phenomenon discussion



- Is an example of how the dogmatic view of PDA Development Group is holding back understandings of PDA, akin to how Kanner held back autism understandings by decades.



rendering adolescents and adults with these traits invisible, so keen was he to establish the new field of child psychiatry. Second, Kanner insisted that autism was rare, giving rise to the myth that the prevalence was four in 10000 people, even though in London during the 1970s Lorna Wing and Judy Gould had already found it was between four and five times more common than this. Third Kanner insisted that autism was a well-delineated narrow categopy, even though others were finding the category had blurred edges and was more of a spectrum. Asperger made none of these mistakes. The effect of Kanner's Gogmas was to leave those with Asperger's syndromethis "neurotribe"—out in the cold, lunknown and unnoticed for much longer than needed to be the case. Silberman is not the first to suggest that Asperger's work pre-dated Kanner's (Adam Feinstein makes a similar point in his valuable book A History of Autism: Conversations with the Pioneers), but Silberman is the first to have found the existence of Frankl, the link between the two of Frankl the link between the two of Frankl the link between the two scientists. Cilberama's Ashtorosina.

See Richard Woods's other Tweets

# Done, I think!

@PDASociety @DrJudeso3 @milton\_damian @cassie\_davies @autism
@Allison66746425 @Shona\_Mu @NeilKennyo @IgHawthorne @FidgetyF\_cker
@sallycatPDA @MAbsoud @AnnMemmott @Andylowarousal @paullib1972
@HappeLab @GillbergCentre

You might be interested in this.

@LauraMayCrane @liz\_pellicano @WillClinPsy @AusomeIreland @AutismEducatio1

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